

PE Layer 1: Whole School Overview 2023-2024

Gymnastics Invasion Games Striking and fielding games OAA Athletics Dance Swimming Target /Net and Wall Health and Fitness

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1						
Year 1	Agility, Balance and Co-ordination Gymnastics	Ball skills Dance	Target Boccia Gymnastics	Ball skills Dance	Ball skills Athletics	Striking Health related exercise
Year 2	Invasion Games Ball skills Gymnastics	Target Boccia Dance	Ball skills (following rules) Gymnastics	Striking and fielding games Dodgeball Dance	Net/Wall Benchball Athletics	Striking and fielding games Cricket OAA
KS2						
Year 3	Invasion Games Tag Rugby Dance	Invasion Games Basketball Gymnastics	Striking and fielding games Dodgeball Dance	Net/Wall Tennis Excel Training Gymnastics	Invasion Games Hockey Athletics	Striking and fielding games Rounders OAA Swimming 23/24
Year 4	Invasion Games Netball Gymnastics	Net/Wall Benchball Dance	Invasion Games American football Gymnastics	Striking and fielding games Dodgeball Dance	Invasion Games Ultimate frisbee Athletics	Striking and fielding games Cricket OAA
Year 5	Invasion Games Tag Rugby Gymnastics	Invasion Games Hockey Dance Swimming 23/24	Net/Wall Tennis Excel Training Gymnastics	Striking and fielding games Dodgeball Dance	Invasion Games Basketball Athletics	Striking and fielding games Rounders OAA Swimming 23/24 (Top up)
Year 6	Leadership Dance	OAA – Residential and school Gymnastics	Invasion Games Netball Dance Swimming 23/24	Invasion Games American Football Gymnastics	Net/Wall Benchball Athletics	Striking and fielding games Cricket Invasion Games Ultimate frisbee Swimming 23/24 (Top Up)