

How will we achieve this?

- Knowledgeable and well trained staff who can confidently teach and assess the full range of PE activities
- Well developed school curriculum maps which set out the breadth of study and the progression of knowledge and skills.
- Links with other subjects (such as Science or PSHCE) utilised when this makes sense
- Skilfully designed lesson sequences which allow pupils to develop skills and knowledge over time
- Energetic and engaging lessons where the level of challenge meets the needs of **all** children.
- **Adult role models who project a positive image of PE and sport and actively model the core values of Leadership, Resilience, Teamwork and Respect.**
- Accurate assessment of pupils' skills using the VAT assessment tool

Increasing pupil involvement at all levels

- Sports leaders in each school lead active playtimes and develop opportunities for school level competition.
- Planned programme of intra-school competition eg house group tournaments
- Opportunities for all children to take part in wide range of competitive inter-school sport events – VAT programme of events
- Work closely with SSCO to provide access to wider competitions – Vale programme of events
- Special VAT wide events – eg VAT Olympics
- **To provide experiences from the children outside of the standard PE curriculum, so every child can find their passion. i.e. Skateboarding**



Key Principles for PE

- We believe high quality PE and sport plays a unique and fundamental role in the physical and mental well-being of all pupils
- We believe all pupils can achieve in PE and develop crucial life skills through involvement in PE and sport

What do we want our PE teaching to achieve?

The National Curriculum aims to ensure that all pupils in KS1:

- **master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities**
- **participate in team games, developing simple tactics for attacking and defending**
- **perform dances using simple movement patterns.**

And in KS2:

- **use running, jumping, throwing and catching in isolation and in combination**
- **play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending**
- **develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]**
- **perform dances using a range of movement patterns**
- **take part in outdoor and adventurous activity challenges both individually and within a team**
- **compare their performances with previous ones and demonstrate improvement to achieve their personal best.**

How do we celebrate success?

All sporting achievement is recognised and celebrated across the Trust, whether it comes from school participation or out-of-school events. We recognise that young people have different talents and passions and we aim to encourage and support this diversity.

Opportunities for celebration include:

- In-school celebration assembly which recognises the achievements of pupils in PE and sport - their skills, talent and sporting attitudes
- Regular competition reports in school newsletters/ websites/notice boards/VAT website and Twitter.
- Sports awards evening – a prestigious end of year celebratory event for Year 5/6 pupils and parents across the trust.

What is the life-long legacy we are aiming for?

- All pupils to leave school with high aspirations for what they are capable of and an enthusiasm to develop further
- All pupils to be able to identify what they enjoy about sport and to recognise the positive impact it has on their physical and mental well-being.
- All pupils are physically literate and have the fitness and confidence to try new sports because they recognise that skills can be developed and improved
- **All pupils to have gained important life skills through the core values that are integrated into our PE programme (social skills, problem-solving, resilience)**
 - **Leadership**
 - **Teamwork and Friendship**
 - **Excellence – being the best version of you.**
 - **Respect**

References:

National Curriculum (Revised 2014)
Youth Sport Trust
Association for Physical Education – PE Core Subject Paper
Change for Life – NHS – Activities Section